

IT Courses tutored by Strodes College

Getting more from Google Thu 28 Sep - 21 Oct 1.15-3.15pm
 Google is way more than just a search engine! Come along and find out more about maps, news, Google Earth etc. etc.
 Mouse and keyboard skills are required. £30 for 5 weeks

Get Shopping! Thu 4 Nov - 2 Dec 1.15-3.15pm
 Explore a range of online shopping sites safely; from buying West End show tickets or booking airfares to the weekly shop!
 Mouse and keyboard skills are desirable but not essential. £30 for 5 weeks

Computing Activities

| | Day | Dates | Times |
|---|-----|--------------------|-------------|
| IT for All | Mon | 6-20 Sep | 1.30-3.30pm |
| | Mon | 25 Oct-15 Nov | 1.30-3.30pm |
| | Tue | 29Jun-27Jul | 11-1pm |
| | Tue | 23 Nov-14Dec | 11-1pm |
| | Thu | 19-26 Aug | 11-1pm |
| Internet & Email | Thu | 7-28 Oct | 11-1pm |
| | Fri | 3-17 Dec | 1.30-3pm |
| | Mon | 16-23 Aug | 1.30-3.30pm |
| | Tue | 7-28 Sep | 11-1pm |
| | Thu | 25Nov-16 Dec | 11-1pm |
| Word processing or Excel | Mon | 22,29 Nov 6,13 Dec | 11-1pm |
| | Tue | 17-24 Aug | 11-1pm |
| | Tue | 12-26 Oct | 1.30-3.30pm |
| | Thu | 1-29 Jul | 1.30-3.30pm |
| | Thu | 9-30 Sep | 11-1pm |
| Games & Music | Tue | 12-26 Oct | 11-1pm |
| | Thu | 4-25 Nov | 1.30-3.30pm |
| | Thu | 2-16 Dec | 1.30-3.30pm |
| | Mon | 5-19 Jul | 1.30-3.30pm |
| | Mon | 27 Sep, 11-18 Oct | 1.30-3.00pm |
| Making Christmas Cards on a computer | Mon | 1-15 Nov | 11-12.30pm |
| | Tue | 2-16 Nov | 11-12.30pm |
| | Thu | 7-21 Oct | 1.30-3pm |
| | Thu | 4-18 Nov | 11-12.30pm |
| | | | |

Creative Arts Activities

| | Day | Dates | Times |
|---|-----|-----------------------|---------------|
| Creative clay - workshop | Mon | 28Jun-19Jul | 10.30-12.30pm |
| | Tue | 7-28 Sep | 1.30-3.30pm |
| | Thu | 25Nov-16Dec | 10.30-12.30pm |
| | Thu | 12-26 Aug | 10.30-12.30pm |
| | Mon | 9-23 Aug | 10.30-12.30pm |
| Clay Drop in Open Art drop in | Mon | 1-15 Nov | 10.30-12.30pm |
| | Tue | 29Jun-20Jul | 1.30-3.30pm |
| | Tue | 5-26 Oct | 1.30-3.30pm |
| | Tue | 30Nov-14Dec | 1.30-3.30pm |
| | Wed | 8-29 Sep | 10.30-12.30pm |
| Painting drop in | Thu | 1-22Jul | 10.30-12.30pm |
| | Thu | 4-18 Nov | 10.30-12.30pm |
| | Fri | 13 Aug-1 Oct exc. 3/9 | 1.30-3.30pm |
| | Mon | 6 Sep-25 Oct | 10.30-12.30pm |
| | Tue | 10-24 Aug | 1.30-3.30pm |
| Drawing and painting - workshop Drawing and painting drop in | Thu | 9 Sep-28 Oct | 10.30-12.30pm |
| | Fri | 2-30 Jul | 1.30-3.30pm |
| | Fri | 5-26 Nov | 1.30-3.30pm |
| | Mon | 22Nov-13Dec | 10.30-12.30pm |
| | Wed | 30 Jun-25 Aug | 10.30-12.30pm |
| Mosaic drop in | Wed | 5 Oct-15 Dec | 10.30-12.30pm |
| | Tue | 2-30 Nov | 1.30-3.30pm |
| | Fri | 8-29 Oct | 1.30-3.30pm |
| | Fri | 3-17 Dec | 1.30-3.30pm |
| | | | |

Fitness Activities

| | Day | Dates | Times |
|-----------------------|------|----------------|------------|
| Sports Club | Mon | 5 Jul - 13 Dec | 11-12.30pm |
| | Tue | 6 Jul - 14 Dec | 2-3pm |
| Chill Out Zone | Thur | 1 Jul - 16 Dec | 2-3pm |
| | Fri | 6 Aug - 17 Dec | 2-3pm |
| Fitness Group | Fri | 2 Jul - 17 Dec | 2.15-3pm |
| | | | |

**The dates above show when activities are available.
 Choose any dates convenient to you to create a
 Personalised Programme.**

Please call 01932 577996 to discuss and check availability.

WORKSHOPS - you should be available to attend ALL sessions
 (Creative Arts - 4 weeks; computing - 3 weeks)

Leisure & Lifeskills Activities

| | Day | Dates | Times |
|-----------------------------|------|-----------------|---------------|
| Music Quiz | Mon | 28Jun-26Jul | 11-12.30pm |
| | Wed | 6-27 Oct | 10.45-12.15pm |
| | | | |
| Café Club | Mon | 28Jun - 13 Dec | 10.30-12.30pm |
| | Tue | 29Jun-27Jul | 1.45-3.15pm |
| | Tue | 3 Aug - 26 Oct | 10.30-12.30pm |
| | Tue | 2 Nov - 14 Dec | 2-3.30pm |
| | Wed | 30 Jun - 15 Dec | 10.30-12.30pm |
| | Wed | 30 Jun- 24 Nov | 2-3.30pm |
| | Thu | 1 Jul - 30 Sep | 10.30-12.30pm |
| | Thu | 2-16 Dec | 10.30-12.30pm |
| | Fri | 2 Jul - 17 Dec | 10.30-12.30pm |
| | Fri | 2-30Jul | 2-3.30pm |
| Gardening Club | Fri | 5-26 Nov | 2-3.30pm |
| | Mon | 28Jun-26Jul | 2-3.30pm |
| | Wed | 30Jun-28Jul | 10.45-12.15pm |
| Chess | Thur | 1-15 Jul | 11-12.30pm |
| | Mon | 28 Jun - 13 Dec | 2-3.30pm |
| | Mon | 28 Jun - 9 Aug | 1.45-3.15pm |
| Games club | Tue | 29 Jun - 28 Sep | 10.45-12.15pm |
| | Wed | 22 Sep - 24 Nov | 2-3.30pm |
| | Thu | 5-12 Aug | 10.45-12.15pm |
| | Fri | 3-17 Dec | 1.45-3.15pm |
| | Mon | 2-23 Aug | 11-12.30pm |
| News and Views | Tue | 5 Oct - 14 Dec | 10.45-12.15pm |
| | Wed | 8-22 Sep | 10.45-12.15pm |
| | Thu | 9-30 Sep | 1.45-3.15pm |
| | Fri | 2 Jul - 17 Dec | 10.45-12.15pm |
| | Mon | 16 Aug - 27 Sep | 2-3.30pm |
| Cooking for Pleasure | Tue | 5-26 Oct | 2-3.30pm |
| | Mon | 6 Sep - 25 Oct | 11-12.30pm |
| | Tue | 29 Jun - 24 Aug | 10.45-12.15pm |
| | Wed | 4-25 Aug | 1.45-3.15pm |
| | Wed | 1-15 Dec | 2-3.30pm |
| Quiz Group | Thur | 5-26 Aug | 2-3.30pm |
| | Thur | 4 Nov - 16 Dec | 1.45-3.15pm |
| | Mon | 6-27 Sep | 1.45-3.15pm |
| | Tue | 5-26 Oct | 1.45-3.15pm |
| | Thur | 1-29 Jul | 1.45-3.15pm |
| Book Club | Fri | 2 Jul - 27 Aug | 11-12.30pm |
| | Mon | 4-25 Oct | 1.45-3.15pm |
| | Mon | 6-13 Dec | 10.30-12 noon |
| | Wed | 30 Jun-28 Jul | 1.45-3.15pm |
| | Wed | 8 Sep | 2-3.30pm |
| Discussion Group | Wed | 3 Nov - 15 Dec | 10.45-12.15pm |
| | Thur | 7-28 Oct | 1.45-3.15pm |
| | | | |
| | | | |
| | | | |

Leisure & Lifeskills Activities

| | Day | Dates | Times |
|---|------|-----------------|---------------|
| Scrabble Club | Mon | 4-25 Oct | 2-3.30pm |
| | Tue | 3 Aug - 28 Sep | 2-3.30pm |
| | Fri | 6-27 Aug | 2-3pm |
| Memory Skills | Mon | 1-29 Nov | 10.45-12.15pm |
| | Wed | 6-27 Oct | 10.45-12.15pm |
| | Mon | 1 Nov - 13 Dec | 1.45-3.15pm |
| Themed Music Christmas cakes/Christmas cooking | Mon | 1-29 Nov | 2-3.30pm |
| | Tue | 7-14 Dec | 2-3.30pm |
| | Thur | 4-25 Nov | 2-3.30pm |
| Cook and Go | Thur | 2-16 Dec | 2-3.30pm |
| | Fri | 2-30 Jul | 2-3.30pm |
| | Mon | 6-13 Dec | 1.45-3.15pm |
| Gift Wrapping Active Games | Tue | 29 Jun- 10 Aug | 2-3.30pm |
| | Wed | 8-15 Sep | 2-3.30pm |
| | Tue | 17 Aug - 28 Sep | 1.45-3.15pm |
| Wildlife Club | Wed | 6 Oct 24 Nov | 1.45-3.15pm |
| | Thur | 7 Oct - 25 Nov | 10.45-12.15pm |
| | Tue | 7 Sep - 26 Oct | 10.30-12 noon |
| Communication Skills | Thur | 7-28 Oct | 1.45-3.15pm |
| | Tue | 2 Nov - 14 Dec | 10.45-12.15pm |
| | Tue | 2-30 Nov | 2-3.30pm |
| Christmas Crafts Festive Fancies | Wed | 1-15 Dec | 2-3.30pm |
| | Wed | 4-25 Aug | 10.45-12.15pm |
| | Thur | 1 Jul - 26 Aug | 10.45-12.15pm |
| Music Appreciation | Thur | 9-30 Sep | 1.45-3.15pm |
| | Thur | 2-16 Dec | 11-12.30pm |
| | Fri | 2 Jul - 26 Nov | 1.45-3.15pm |
| Crossword Club | Wed | 8-29 Sep | 10.45-12.15pm |
| | Fri | 10-24 Sep | 2-3.30pm |
| | Thur | 1-29 Jul | 2-3.30pm |
| Word Games | | | |
| | | | |
| | | | |
| Famous People, Events & Inventions | Thur | 5-26 Aug | 2-3.30pm |
| | Thur | 9 Sep - 28 Oct | 10.45-12.15pm |
| | Thur | 4 Nov - 16 Dec | 10.45-12.15pm |
| Jewellery Group Craft Group | Fri | 10 Sep - 26 Nov | 11-12.30pm |
| | Fri | 1 Oct - 17 Dec | 2-3.30pm |
| | Fri | 3-17 Dec | 11-12.30pm |
| Good Housekeeping Christmas Cracker Making | Mon | 26 Jul | 11-3pm |
| | Wed | 29 Sep | 10.30-3pm |
| | Fri | 16 Jul | 10.45-3pm |
| Outing - shopping Trip to Walled Garden | Thur | 30 Sep | 10.30-3.30pm |
| | Fri | 10 Sep | 11-3pm |
| | Wed | 27 Oct | 11-1pm |
| Farm Trip Picnic Trip | Fri | 8 Oct | 11-12 noon |
| | | | |
| | | | |
| Physical Disabilities Forum Members' Meeting | | | |
| | | | |
| | | | |